

*Coaching by*

**BLACK LINE**

# Black Line

# Track Sprint Coach

## Job Description



# Background

Black Line was founded with two clear objectives;

- Coaching riders to better themselves and perform at their highest level
- Developing the UK and Global sprint scene with race opportunities, knowledge and community

This has been achieved and resulted in exciting new developments to increase the disciplines that we provide services in, as well as our ability to work closely with our ever expanding international cycling community. The recruitment of a Track Sprint Coach will play an important role in allowing us to continue to deliver track sprint coaching from knowledgeable and highly skilled professionals. This will be a significant step in our growth, whilst continuing to deliver our vision of providing coaching services in a manner that inspires people to train, race and perform at the best of their ability



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# Role Purpose

The Track Sprint Coach will be responsible for coaching a number of Black Line coached riders including initial consultation, program prescription and a variety of on going support requirements designed to enable the rider to achieve their best performance.

You will play a key supporting role in the development and expansion of Black Line, using creative and critical thinking to reach a wider rider audience whilst improving our level of service and delivery.



## Job Description

# Key Accountabilities

### Coaching

- Plan, deliver and monitor training programs as lead coach for a number of Black Line coached riders.
- Report on rider progression when requested, or as a part of the rider's annual review.
- Work with internal Black Line coaches to support projects as required.
- Engage and collaborate with rider's multi-disciplinary High Performance or private support teams, providing sport specific insight and information as requested.
- Attend and support key annual events such as National Championships.
- Maintain a high and consistent level of communication with athletes, ensuring they are supported and informed at all times.
- Support external projects such as bike position with insight and input as required
- Plan content and attend Black Line coached track sessions and training camps, supporting or leading these as guided by the Head Coach

### Relationships & Network

- Maintain good relationship with key stake holders such as riders, facility managers, external coaches, commissaires and external rider support staff.
- Actively engage as appropriate with governing bodies such as the Great Britain Cycling Team, Welsh Cycling, Scottish Cycling and similar international representative groups.
- Engage with developing the Black Line social media strategy and support creation of social media content, promoting Black Line services as required.
- Positively develop Black Line's public image through networking, behaviours and general cycling engagement
- Identify and develop opportunities to work with new riders.
- Identify and develop opportunities to host events and training camps at new locations

## Job Description

# Key Accountabilities

### Decision making and Development

- Solve day to day issues and challenges
- Develop and improve Black Line coaching services and events
- Become a prominent member of the Black Line coaching team, supporting each members professional development through discussion, engagement and challenge.
- Give input and support our wider strategy, using cycling experience, knowledge and insight to continually develop both the range and quality of our coaching services.



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# Person Specification

### Essential

- Passionate about coaching cycling
- Ability to demonstrate sufficient experience and knowledge of coaching sprint cycling
- The desire to perform within a coaching team
- Ability to demonstrate working in a performance coaching environment
- Current discipline knowledge of performance requirements for regional, national and international competition
- Knowledge and experience of monitoring rider progress using both subjective and objective measures
- Adaptability in coaching style to compliment a range of riders with different requirements.
- Possess a high level of discipline specific technical and tactical knowledge
- Demonstrate examples of positive stakeholder relationships within the sport of cycling
- Ability to use own initiative, to problem solve and make decisions
- Excellent communication skills through written, verbal and social media platforms
- Enthusiastic, creative and committed

### Desirable

- British Cycling Level 3 Coaching Qualification or similar
- Full driving licence
- Previous experience in the private coaching sector
- IT literate using coaching tools such as Golden Cheetah and Training Peaks
- Experience of working with support services such as S&C, Physiotherapy, Bike Fit, Nutritionists etc.

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# How To Apply

To apply, please email your CV along with a written statement (of no more than 500 words) outlining why you are appropriate for the role and how you would develop the Black Line coaching team and services.

For more information on the role requirements and to apply, email [applications@blacklinecoaching.com](mailto:applications@blacklinecoaching.com)

